

Use this form to keep you and your physician(s) updated on any prescriptions, herbals, vitamins and over-the-counter medicines you are taking. By tracking your medications, health concerns may be found and prevented.

- *Always keep this form updated and in your wallet.* Make sure it is available in case of an emergency.
- Write down all medications you are taking and list any allergies.
- Take this form to *all* doctor visits, hospital visits and when you go for tests.
- *Write down any changes made to your medicine(s).* If you stop taking a certain medicine, draw a line through it and write the date it was stopped. If necessary, ask your doctor or family member to help you keep it updated.
- In the “Directions” column, write down the name of the doctor who prescribed the medicine(s). Also, write down why you are taking the medicine(s) (i.e., high blood pressure, high blood sugar, high cholesterol).
- When you are discharged from the hospital, someone will talk with you about *which medicine(s) to take or discontinue.* See your doctor for a new form when needed. This will keep everyone up-to-date on your medicine(s).

PATIENT INFORMATION:

Name: _____

Address: _____

Phone: _____

Date of Birth: _____

Emergency Contact: _____

Healthcare Provider(s): _____



Medication Form

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Carolinan Medical Center
NorthEast

